Prince Edward Island
Health and Community
Services System

# Eastern Kings Health
# Eighth Annual Report

Zone 1. Souris

Zone 2. Rollo Bay - Elmira

Zone 3. Launching - Naufrage

Zone 4. Greenwich

# EASTERN KINGS HEALTH REGION
# ANNUAL REPORT (2001-02)

## TABLE OF CONTENTS


Eastern Kings Health Region Board Membership

Mission, Vision, Value, and Belief Statements; and Guiding Principles

Eastern Kings Health Region Strategic Directions and Goals: 2001/02 - 2003/04

Eastern Kings Health Region Zone Map

2001-02 Board Chair and Chief Executive Officer Report

Eastern Kings Health Region Organizational Chart

Regional Expenditures and Staff FTEs (Full Time Equivalents)

**THE YEAR IN REVIEW:**

Eastern Kings Health Region

Regional Services and Statistics:

- Addiction Services
- Child and Family Services
- Colville Manor
- Community Services
- Eastern Kings Health Centre
- Regional Services
- Souris Hospital

Financial Statements to March 31, 2002

# EASTERN KINGS HEALTH REGION
# BOARD MEMBERSHIP

(Back Row: Left to Right) (Front Row: Left to Right)

| BOARD MEMBER (Term) | ZONE # | BOARD MEMBER (Term) | ZONE # |
|---|---|---|---|
| Henry Compton, Bangor (Appointed 2001-2002) | #4 | Thelma MacDonald, (V/Chair), Souris (Appointed: 1996-2001) | # 1 |
| Westie Rose, (Chair), East Baltic (Elected: 1999-2002) | # 2 | Freda McKie, Howe Bay (Appointed: 1999-2001) | # 3 |
| Peter MacAdam, Morell (Elected: 1999-2002) | # 4 | Mary C. MacPhee, Chepstow (Appointed: 1994-2003) | # 2 |
| | | Marian Trowbridge (Elected: 2000-2003) | # 3 |

| ZONE | | ELECTION YEARS |
|---|---|---|
| #1 | Souris | 2001, 2004, 2007 |
| #2 | Rollo Bay-Elmira | 1999, 2002, 2005 |
| #3 | Launching-Naufrage | 2000, 2003, 2006 |
| #4 | Greenwich | 1999, 2002, 2005 |

# *EASTERN KINGS HEALTH REGION*

## MISSION STATEMENT

*Promote, protect and improve the health and independence of residents in Eastern Kings.*

## VISION STATEMENT

*Working hand in hand with our communities to build a healthier future.*

## VALUE STATEMENTS

***Clients:*** *Promoting wellness and respecting self-determination.*

***Communication:*** *Open and honest.*

***Communities:*** *Promoting partnerships.*

***Continuum of Care:*** *Education, prevention, treatment and support.*

***Employees:*** *Valued resources.*

***Environments:*** *Safe, and healthy.*

***Health:*** *Focussing on the determinants of health.*

***Resources:*** *Sustainable actions and positive outcomes.*

***Services:*** *Client-centered.*

***Teamwork:*** *Working together on creative solutions.*

## BELIEF STATEMENT

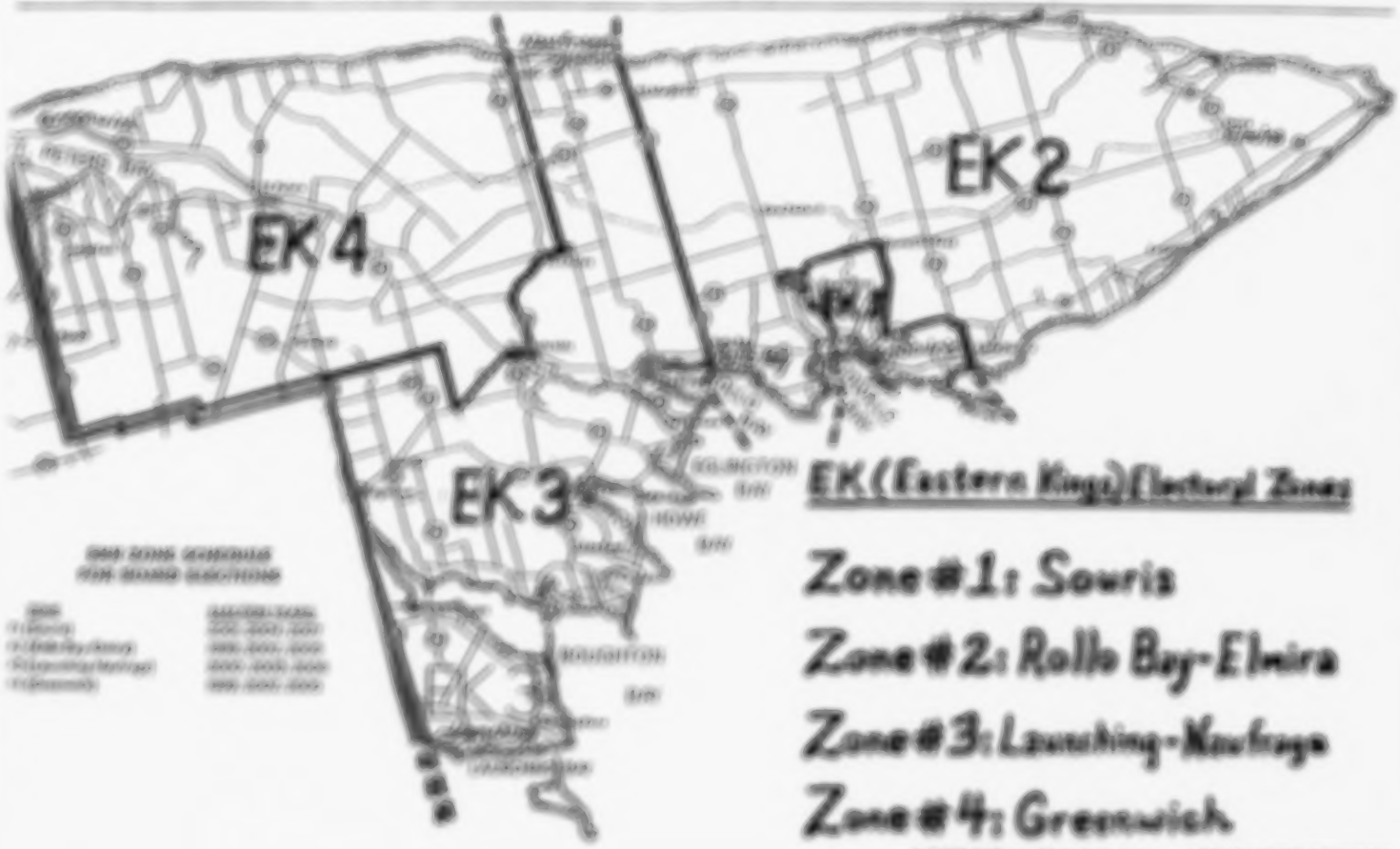
*Strengthening, Individuals, Families, and Communities*

103-03332/

# EASTERN KINGS HEALTH REGION(EKHR)

## STRATEGIC DIRECTIONS (SD) and GOALS
2001/02 - 2003/04

| | |
|---|---|
| **SD - I - CONTINUUM OF CARE ( C of C )<br>Health and Well Being (HWB) of EKHR Residents** | |
| 1.0 | Wellness initiatives improve health. |
| 2.0 | Investment and assistance to the most vulnerable. |
| 3.0 | Integrated and Evidence Based case management governs services. |
| **SD - II - ACCOUNTABILITY<br>Accountability (ATY) and Sustainability (STY)** | |
| 1.0 | Community Needs Survey (CNS) identifies and prioritizes improvements. |
| 2.0 | Quality Improvement (QI) enhances effectiveness & public confidence. |
| 3.0 | Priority investment and choices result in sustainability. |
| **SD - III - HUMAN RESOURCES (HR)** | |
| 1.0 | Staff Surveys identify priority improvements. |
| 2.0 | HR Planning is comprehensive and continuing. |
| 3.0 | HR initiatives enhance working environment |


EK 4
EK 2
EK 3
EK (Eastern Kings) Electoral Zones
Zone #1: Souris
Zone #2: Rollo Bay-Elmira
Zone #3: Lawrence-Kinlough
Zone #4: Greenwich

# 2001-02 Chair and CEO Report

The year 2001/02 was highlighted by the granting of a three year accreditation to Eastern Kings Health Region by the Canadian Council of Health Services Accreditation (CCHSA), and the first anniversary of the Region's salaried physician model and Health Centre.

Eastern Kings Health Region hosted a five member CCHSA Accreditation Team in June 2001. The report by CCHSA issued in December 2001 awarded the Region a three year accreditation conditional only upon submission of a report in November 2002. Only four areas were recommended to be addressed in the November report and acted upon by the new year in 2002: (1) ethics, policies, and processes, (2) quality improvement processes, (3) best practice guidelines, and (4) physical improvements to the Miawpukek.

As Chair and CEO, we commend the QI Coordinator, Managers, and Staff, and focus group participants (partners, volunteers, clients, and patients) for their considerable contribution and support in making our 2001 survey such a success.

July 1, 2001 marked the first anniversary of the Region's new Health Centre. Implementation of the salaried physician model provided the necessary prerequisite to transform the Health Centre into a legitimate Primary Care Centre. Over the next year, federal funding and a more comprehensive menu of services will enable the Centre to focus and function on primary care delivery.

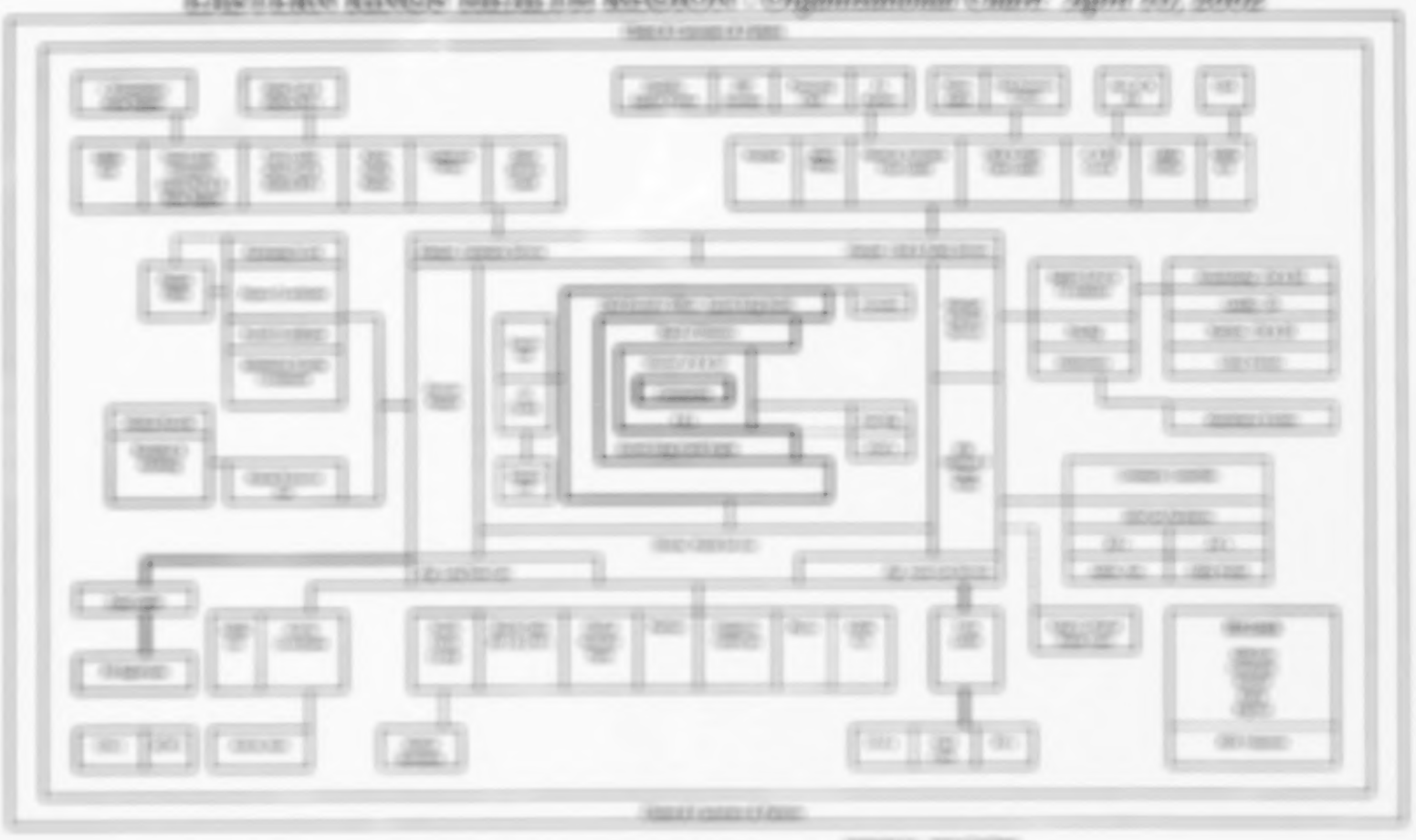
In closing, we express our appreciation to all residents of Eastern Kings for their support - whether it be their time, money, feedback, or ideas - and together with our staff, volunteers, and partners, we look to serving you even better in the years ahead.

Respectfully submitted,

Weston Rose - Chair
Eastern Kings Health Region Board of Directors

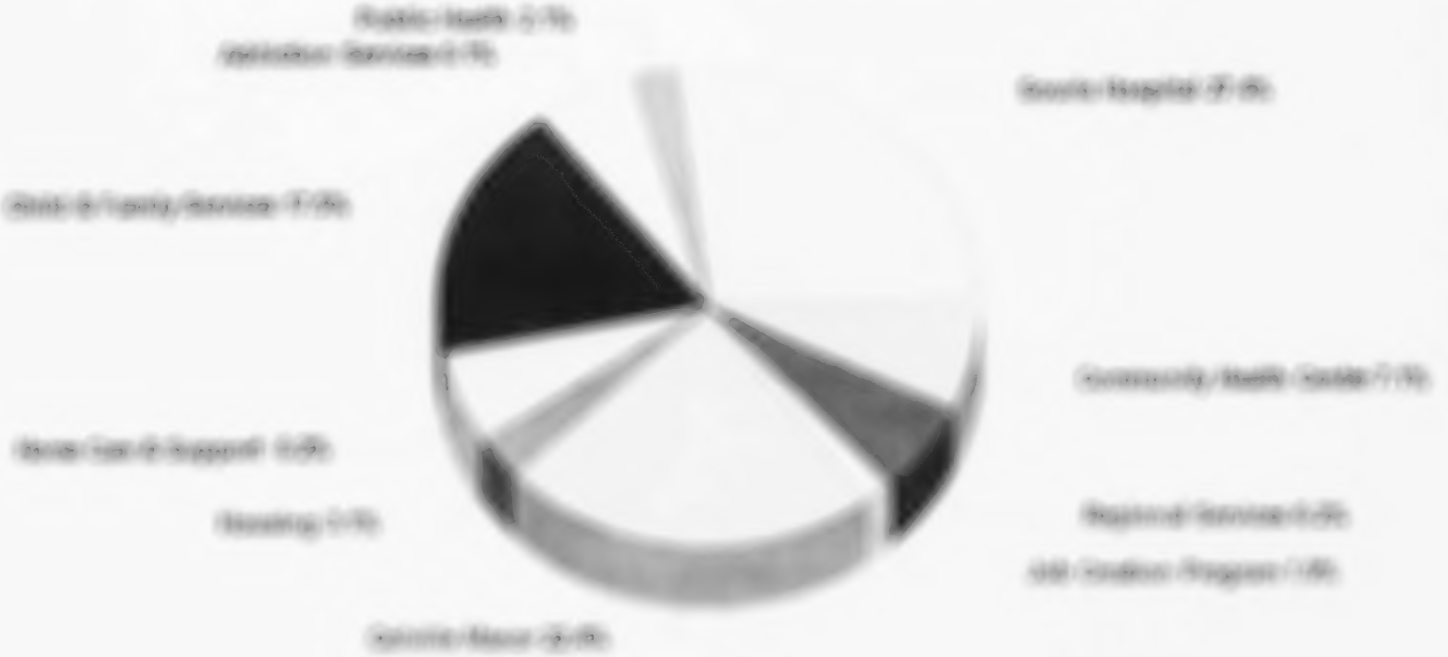
Mark MacPherson, CEO
Eastern Kings Health Region

# EASTERN KINGS MENTAL HEALTH REGION - Organizational Chart, April 10, 2002



# Eastern Kings Health Region

## Expenditures to March 31, 2002



## EASTERN KINGS HEALTH REGION

*Profile*

The Eastern Kings Health Region was created in October 1995 to provide a full spectrum of Health and Social Services to the 7,000 residents of Eastern Kings.

The Eastern Kings catchment area extends from Morell in the West to East Point; its Southern boundaries include such communities as Bridgetown, Launching, and Annandale. Regional Services include: Health Centre inclusive of physician and healthcare professional clinics, Acute Care, Long Term Care, Addiction Services, Child & Family Services, Home Care & Support, Public Health Nursing, Community Mental Health, Seniors Housing, and Employment Enhancement. Administrative linkages are maintained with Family Housing, MacIntyre Home and Harbourview Training Centre--all of which are within the mutual Health and Social Services umbrella.

The Region is administered by a Board of seven members, four of whom are elected and three of whom are appointed by the Lieutenant Governor-in-Council

*2000-02 New Initiatives*

- Permanent QI (Quality Improvement) structure established with seven QI Teams; teams to also perform strategic planning and accreditation functions
- Dialysis service expands to include out of province residents
- Disability Support Program initiated in October 2001
- Eastern Kings Health Foundation Inc. receives Revenue Canada approval May 17, 2001 as PEI's first Regional Foundation
- Region initiates semi-annual "Public Wellness" sessions in co-sponsorship with Pharmasave
- Regional Council, comprised of representatives of Region's four unions and excluded staff, set up to address staff survey recommendations and issues common to all staff

***2001-02 Highlights***

- Region receives three-year accreditation to June 2004; CCHSA Survey Team cites quality of care, integration of services, new physician team, communications, planning processes, and community partnerships as major strengths
- Region hosts second annual "Whole Life Expo" for staff
- 5 Bachelor of Nursing Students and 8 Health Care Future Students
- Board incorporates second annual "Community Needs Survey" and new Health & Social Services "Strategic Plan" into the EKHR Strategic Plan
- Transition to a majority elected Board was completed with Zone #1 (Souris) election in November 2001
- June 2001 CCHSA Accreditation Team visit cites Region's performance in strategic planning as outstanding

## EASTERN KINGS HEALTH REGION (EKHR) RECEIVES THREE YEAR ACCREDITATION

***Left to Right: Westie Rose (EKHR Chair), Roxanne Lawlor (EKHR Quality Improvement Co-ordinator), Mark MacPherson (EKHR CEO)***

## ADDICTION SERVICES

***Profile***

Addiction Services is offered in both Eastern and Southern Kings. Our sites are located at Breakwater Wellness Centre, 21 Breakwater Street, Souris in Eastern Kings and at 35 Douses Road Complex, Montague in Southern Kings. Our provincial in-patient facility is located in Mt. Herbert, P.E.I.

Both regional sites are open 8:00 a.m. - 4:00 p.m. seven days/week. Programs offered included: out-patient detox/withdrawal management, alcohol/other drug 6-day education program, multi-session Tobacco Dependency Cessation Program, Adult Rehab and Aftercare, Adolescent Rehab and Aftercare, Student Assistance Program, and Family Program. Gambling Addiction and Women Specific programs are offered Provincially from the Mt. Herbert facility and available in our Regions when we have sufficient numbers.

Counselling is available for adults, family, youth and dual diagnosis clients. This includes relapse prevention, motivational, bridge, support and follow-up counselling for all our programs and services.

***2001-02 New Initiatives***

- New family program available in Fall of 2001
- Provincial/Regional Women Only Program introduced in March 2001
- Provincial/Regional Gambling Addiction Program introduced in January 2001
- Mental Health Services for Eastern Kings located from Breakwater Wellness Centre four days/week
- Mental Health Nurse 30% position attached to present Community Addiction Services Nurse
- Partnerships with local Pharmacies to deliver public information sessions related to Smoking Cessation

***2001-02 Highlights***

- Addiction Workers trained as Student Assistance Program Facilitators
- Positive Accreditation experience for Staff and Service
- Kings County Mental Health Team become staff of Breakwater Wellness Centre
- Initial work toward "Best Practice" for service to Dual Diagnosis clients
- Introduction of Auricular Acupuncture to our service profile. Acupuncture is used world wide to treat a variety of illnesses by assisting in the circulation of "body energy" through major pathways or meridians, each of which has an internal branch to the organs. There are specific points along these meridians where the body's energy can be contacted through the insertion of very fine acupuncture needles. It is not a cure for alcoholism, chemical dependency, substance abuse or addictive behaviours, but can be of great benefit to individuals struggling with detoxification, withdrawal, craving, mood swings and those trying to stay drug free.

**"Breakwater Wellness Centre"**

**formerly Addiction Services**

***Left to right: Sherri McKinnon, Peter Gotell, Marion Godfrey, Mae McKinnon, Elsie MacInnis, Jean MacDonald, Kirsten Mallard (Student Nurse)***

| KINGS COUNTY - COMMUNITY ADDICTION PROGRAMS | | |
|---|---|---|
| **Activity** | **2000 - 2001** | **2001 - 2002** |
| **Detoxification Unit Utilization Based on 10 Beds (EKH & SKH)** | | |
| | ***Apr. 1/00 - Sept. 10/00** | |
| **Total Admissions** | **89** | **nil** |
| *New/Repeat Admissions* | *0* | |
| *Female/Male Admissions* | *0* | |
| **Utilization Rate (in patient only)** | 68 | |
| **Admissions to In-Patient Unit (Mt. Herbert)** | | |
| | ***Sep. 01/00 - Mar. 31/01** | **Apr. 1/01 - Mar. 31/02** |
| **Admissions from Eastern Kings** | **58** | **95** |
| *Male/Female Admissions* | *47/11* | *84/11* |
| **Admissions from Southern Kings** | ** | **105** |
| *Male/Female Admissions* | ** | *91/14* |
| **Out-Patient Ambulatory Detox Services** | | |
| **Withdrawal Management/Pathways Education** | ***Sep. 10/00 - Mar. 31/01** | **Apr. 1/01 - Mar. 31/02** |
| **Total Admissions in Eastern Kings** | **28** | **54** |
| *Male/Female Admissions* | *24/4* | *41/13* |
| **Total Admissions in Southern Kings** | ** | **102** |
| *Male/Female Admissions* | ** | *86/16* |
| **Tobacco Dependency** | ***Jan./01 - Mar./01** | **Apr. 1/01 - Mar. 31/02** |
| **Total Admissions in Eastern Kings** | **71** | **102** |
| *Male/Female Admissions* | *31/40* | *46/56* |
| **Total Admissions in Southern Kings** | **78** | **151** |
| *Male/Female Admissions* | *31/47* | *78/73* |
| **Total Admissions to Ambulatory Detox** | **177** | **409** |
| **Adult Programs** | | |
| **Adult Out Patient Rehabilitation Program** | | |
| **Total Admissions in Eastern Kings** | **58** | **17** |
| *Male/Female Admissions* | *29/29* | *14/3* |
| **Total Admissions in Southern Kings** | ** | **38** |
| *Male/Female Admissions* | ** | *34/4* |
| **Adult Aftercare Program** | | |
| **Total Admissions in Eastern Kings** | **31** | **37** |
| *Male/Female Admissions* | *30/1* | *34/3* |
| **Total Admissions in Southern Kings** | **50** | **51** |
| *Male/Female Admissions* | *37/13* | *46/5* |

| Adult Family Program | *Jan./01 - Mar./01 | Apr. 1/01 - Mar. 31/02 |
|---|---|---|
| **Total Admissions in Eastern Kings** | n/a | **6** |
| *Male/Female Admissions* | | 37.442 |
| **Total Admissions in Southern Kings** | | **5** |
| *Male/Female Admissions* | | 37.259 |
| **One to One Counselling Sessions** | | |
| **Rehab Services (EKH)** | **Apr. 1/00 - Mar. 31/01** | **Apr. 1/01 - Mar. 31/02** |
| **Total Admissions in Eastern Kings** | **137** | **425** |
| *Male/Female Admissions* | *117/20* | *231/194* |
| **Total Admissions in Southern Kings** | | **442** |
| *Male/Female Admissions* | | *376/66* |
| **Family Services (EKH)** | ***May/00 - Mar. 31/01** | **Apr. 1/01 - Mar. 31/02** |
| **Total # Individual Clients Seen in Eastern Kings** | **120** | **89** |
| *Male/Female Admissions* | *11/109* | *19/70* |
| **Total # Individual Clients Seen In Southern Kings** | | **101** |
| *Male/Female Admissions* | | *8/93* |
| **Student Assistance Program (Based on School Year for EKH & SKH)** | | |
| | ***Sep/00 - June /01** | ***Sep/01 - June/02** |
| # of Students Assessed | 288 | 284 |
| # of Student Participants | 282 | 224 |
| # of Students in Challenge Group | | 21 |
| # of Students in Friendship Group | | 84 |
| # of Students in Education Group | | 119 |

**** Indicates not a full fiscal year***

*****Indicates that the stats for Eastern Kings & Southern Kings were combined.***

## CHILD AND FAMILY SERVICES

***Profile***

Child & Family Services include the following:

1) Foster Care
2) Child Protection
3) Children-in-Care
4) Adoption
5) Home Helper Service
6) Day Care Subsidy
7) Financial Assistance
8) Disability Support
9) Employment Enhancement/ Job Creation
10) Speech Therapy
11) Nutrition Services

***2001-02 New Initiatives***

- Child Protection Act Implementation Team began its work in January 2002 with representation from each Region. Its function is to prepare for the proclamation of the new Child Protection Act
- The Child Welfare Team now has a Supervisor responsible for five staff including the Act Project representative, Child Protection, Resource and Homehelper work
- Disability Support Program was implemented on October 1, 2001 to respond to the communities request for equal access to disability supports
- Nutrition Services introduced grocery store tours into regional workload, and implemented three tours over the winter and spring
- Nutrition Services implemented a fruit and vegetable promotion campaign to grades 1-4 within the Eastern Kings Regional schools

***2001-02 Highlights***

- New Child Protection Act received Royal Assent in December 2000 and will likely be proclaimed sometime in 2002
- Financial Assistance staff were involved in many new Provincial endeavours: Woman Abuse Protocol, establishing Annual Conference for Financial Assistance staff, Welfare Assistance Policy Review, creating Belief Statement for Financial Assistance, and developing an Independent Living Assessment for Young Parents

- Increase in Healthy Child Allowance from $14 per child to $38 per child each month. The purpose of this allowance is to encourage families to participate in arts, culture, sports, and recreational activities
- Employment Enhancement in Eastern and Southern Kings partnered with Human Resources Development Canada to provide

***2001-02 Highlights (cont'd.)***

a year long Employment Pathways project in the Souris and Morell areas. Participants have responded well to the developmental, supportive nature of the program resulting in improved self-esteem, motivation, attitudes and other employability skills

- For the third year, Employment Enhancement partnered with the PEI Institute of Adult and Community Education Inc. to provide a year round Autoskills Literacy Program - a free computer-based program offering one-to-one assistance in reading and math skills

- A staff person from Child & Family Services co-facilitated a Turning Point group which began in September 2001 with seven participants. This was a once-a-week group counselling program for men who have been abusive to their female partners

***2002-03 Preview***

- Foster Caregiver Information Nights will continue to be held to recruit more foster homes and specialized care options. The Region is in need of individuals interested in providing this service

- Nutrition Services, partnering with the Family Resource Centre, will be investigating the need for a breastfeeding support group, with the possibility of implementing this in the future

- Financial Assistance program will be exploring the development of a new case management approach to address the needs of young parents

***Allan Davidson, Dietitian, with students from Dundas Consolidated trying samples of exotic fruit as part of a fruit and vegetable promotion campaign for students in grades one through four***

## CHILD & FAMILY SERVICES
### ~ Caseload Stats 2001-2002 ~

| Service | Referrals | | New Services Opened | Average Monthly Caseload | Active Cases as of March 31, 2002 |
|---|---|---|---|---|---|
| | 00/01 | 01/02 | | | |
| Adoptive Parents | N/A | N/A | 0 | 1 | 0 |
| Child Aid Resource | 3 | 1 | 1 | 1 | 0 |
| Child Protection | 52 | 69 | 36 | 19 | 20 |
| Children-In-Care | N/A | N/A | 6 | 10 | 9 |
| Dare Care Subsidy | 104 | | 86 | 46 | 46 |
| Disability Supports | 21 | 30 | 51* | 46 | 53 |
| Employment Enhancement | 206 | 209 | 143 | 60 | 54 |
| Family Support | 2 | | | | |
| Financial Assistance | 625 | 607 | 397 | 165 | 164 |
| Foster Parents | 4 | N/A | 1 | 6 | 7 |
| General Counselling | N/A | N/A | 6 | 3 | 3 |
| Home Helper Service | 8 | 6 | 6 | 6 | 5 |
| Nutrition -Child & Family | 39 | 32 | 25 | 18 | 15 |
| Nutrition -Regional | 268 | 226 | 226 | N/A | N/A |
| Speech Therapy | 32 | | | | |

***Most services involve Community work for which no case numbers would be assigned. This includes facilitating groups, presentations, committee work, working with the Family Resource Centre, providing consultation and education.***

*Of the new services opened in the Disability Support Program, 44 were transitioned in from other programs such as Family Support, Financial Assistance Rehabilitation Services. Seven cases were new applicants.

# COLVILLE MANOR

**Profile**

Colville Manor is a 52 bed nursing care home. The Special Care Unit is comprised of 12 beds, and provides a suitable environment for individuals with Alzheimer's Disease and other dementias. There are 2 beds designated for respite/restorative care and the remaining 38 beds are high level long term care.

Patient services offered at the Manor include nursing, medical, dental, activity/ social, pastoral, day program, physiotherapy, occupational therapy, palliative, dietary assessment, volunteer visiting, hair care, laundry, housekeeping and maintenance.

***2001-02 New Initiatives***

- Mandatory Back Care Program for staff. A Back Care Committee has been implemented to assist in provision and maintenance of a safe environment for staff and residents
- Equipment purchases included adaptive equipment, hairdressing chair, stackable chairs, treatment cart and trolley

***2001-02 Highlights***

- Two Souris High School students involved in Community Service Bursary
- Changes/improvements to menu for Residents in consultation with Residents Council
- Special Care Committee develop materials/ education program to assist staff and families of residents with cognitive impairment
- Resident Council strengthening of health - ie: speakers on diabetes, high fibre diets, dealing with loss, benefits of exercise

*Mary Davidson, Dietitian, providing an educational session on nutrition to Resident Council*

***2002 - 03 Preview***

- Improvements to Care Planning and regular Nursing Conferences
- Pilot new initiatives related to improving quality of care for residents and work life for staff
- 30th Anniversary celebration in May 2002
- Innovation/Teamwork for all staff related to enhancing the workplace

| COLVILLE MANOR<br>Utilization (based on 52 beds) | | |
|---|---|---|
| **Activity** | **2000-01** | **2001-02** |
| **Total Resident Days** | **17,849** | **17,922** |
| **Average Daily Census** | **49** | **49** |
| **TOTAL ADMISSIONS:** | **49** | **52** |
| *Long Term Admissions* | *29* | *28* |
| *Short Term Admissions* | *17* | *13* |
| **TOTAL DISCHARGES:** | **30** | **26** |
| *Deaths* | *16* | *14* |
| *To Community* | *10* | *9* |
| *Transfers* | *1* | *1* |
| **Manor Utilization Rate** | **91%** | **94.5%** |

*30th Anniversary Cake being cut by current employees, Carol Power, Sandra Jennings and Dorothy MacPhee, who each started working at the Manor in 1972, the year it opened*

# COMMUNITY SERVICES

**Profile**

Regional Community Services provides a wide range of services and programs to the residents of Eastern Kings which include Public Health Nursing and Home Care & Support.

Programs offered within these services address such health issues as health promotion, illness prevention, public education, disease control, and early diagnosis and treatment.

**2000-02 New Initiatives**

- Funding for a "Primary Prevention of Diabetes" project was secured from the Department of Health and Social Services. A Public Health Nurse began working one day per week with the kindergarten/schools in October 2001 to promote healthy lifestyles. The project focuses on healthy nutrition, prevention of smoking, increased physical activity and reducing stress. The project also aims to increase public awareness of healthy lifestyle behaviours using the media. This project will continue until October 2002

- Dialysis program was offered to eight out of province residents in Eastern Kings for the first time

**2000-02 Highlights**

- As part of a revised provincial Diabetes Program, the Eastern Kings Diabetes Coordinator saw 58 people living with diabetes. A needs assessment was done and appropriate referrals were made

- Roots of Empathy, a parenting program for elementary school children, was offered again to Rollo Bay Consolidated School by Public Health Nursing. The program was offered to 20 Grade six students. The program focuses on infant development, emotional literacy, tolerance and lessen empathy

*Beth MacDonald, Public Health Nurse, Lynn MacPhee & Molly Isabel with Grade 6 class at Rollo Bay Consolidated School*

- Occupational Therapy service increased from a 40% position to a 60% position in October 2001 to meet increased client demand

*2001-02 Highlights (cont'd.)*

- Department of Health & Social Services releases a draft "Strategy for Home Care in 2012" in December 2001.
- Healthy Communities in Action continues to sustain five Health Promotion Working Groups that are targeted at the risk factors of Heart Disease: ie: nutrition, smoking, active living and stress.
- Some of the activities that were organized or co-ordinated were: Walking Clubs in Eastern Kings and Evening groups, store tours and several displays of Health Education materials. There were a total of 200 hours provided by volunteers in the work of Healthy Communities in Action. This increased from 162 hours in 2000-01.
- A Baseline Health Survey of Souris Regional High School students was also completed in November 2001. Students were surveyed to determine their knowledge, attitude, and behaviour towards the causes and risks associated with heart disease and cancer. We will be able to use these results over the next several years to provide ongoing health promotion programs.
- As well, in April 2001, Healthy Communities in Action partnered with Pharmacare to offer a Wellness session to the public and to staff of both Pharmacare and Eastern Kings Health. This was well attended by approximately 175 people.

*2002-03 Prevue*

- Kick the Vic, a smoking cessation program developed in British Columbia for teens, will be offered to Souris Regional High School students once again by Public Health Nursing and Addiction Services staff. Two sessions of 10 classes each will be offered to 20 students.
- Healthy Communities in Action will conduct a repeat of "Eastern Kings Health Study" in April 2002. The original survey was done in October 1997, which directed the work of Healthy Communities in Action.
- Small Steps to Big Changes, a six week program to motivate individuals over 40 years of age to become more physically active, to be offered in Eastern Kings.

- Implementation of the Integrated Palliative Care Program which is a network of services delivered by an interdisciplinary team. The model provides comprehensive and co-ordinated care addressing the physical, psychological, social and spiritual needs of the individuals and families in the setting of choice and by the most appropriate team members.

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| HOME CARE | |
|---|---|
| | *2001 - 2002 Average per month* |
| Home Care Caseload/month | 225 |
| Home Care Nursing Clients/month | 60 |
| Visiting Homemaker Clients/month | 88 |
| Occupational Therapy Clients/month | 62 |
| Community Support Clients/month | 40 |
| Adult Protection Clients/month | 5 |
| Senior Services Placements/month | 3.5 |
| Assessments/month | 40 - 45 |

| HOME CARE | |
|---|---|
| | *2001 - 2002* |
| Palliative Care Clients | 14 |
| Pediatric Clients | 32 |
| Disabled Clients (under 65 years of age) | 11 |

| HOME CARE | |
|---|---|
| *Age Grouping* | *Percentage of Total Caseload* |
| Under age 18 | 15% |
| 19 - 39 | 2.2% |
| 40 -65 | 7.3% |
| 65 - 74 | 13.5% |
| 75 - 79 | 13.5% |
| 80 + | 48.5% |

## EASTERN KINGS HEALTH CENTRE

***Profile***

The Eastern Kings Health Centre opened as a Primary Health Centre on July 1, 2000. All staff including physicians, nurses, medical secretaries, and co-ordinator are Regional staff. Other Regional staff inclusive of social workers, dietitians, pharmacist, public health and home care nurses, mental health and addictions staff, physiotherapist, occupational therapists and speech language work with Centre staff on a consultative or referral basis.

The Centre is located on the lower level of the Souris Hospital and is open from 9:00 am to 5:00 pm Monday to Friday. Evening clinics are held Monday to Thursday from 6:00 pm to 8:00 pm.

Co-located in the Centre is Public Health Nursing, Home Care & Support, Housing and Home Equipment Loan Program. A Dental Clinic is located adjacent to the Health Centre on the lower level.

***2001-02 New Initiatives***

- Funding for the creation of a Primary Health Care Nursing Position was secured. This position will augment the nursing role as the Centre moves towards a Primary Health Care Model
- Computers have been set up for both internet and Island Health Information System access

***2001-02 Highlights***

- Dr. Peter Callahan joined the team of Eastern Kings physicians. *At the time of printing, Dr. Damian Haworth has also joined the physicians of Eastern Kings*
- Filing System has been improved to include new shelving and colour coded system
- Medical Secretary staffing increased to provide more comprehensive coverage

***Left to right: Amanda Laybolt (Medical Secretary), Dr. Ambrose Kennedy and Colleen Outhouse (LNA)***

***2002-03 Preview***

- An additional 1,000 square feet of space will be made available for the Health Centre. The space will be used to create additional and more appropriate rooms for the patients, staff and physicians
- Access to Diabetes Care and Support will be improved by the creation of a Kings County based program staffed by a Registered Nurse and a Dietitian

## REGIONAL SERVICES

***Profile***

Regional Services facilitates the integration of services in Eastern Kings Health, and provides these essential resources to the Souris Hospital, Colville Manor, Community Services, Health Centre, Child and Family Services, Addiction Services, and Housing.

Major support services include administration, human resources, information systems, communications, financial management, payroll, materials management, property management, dietary, housekeeping, laundry, medical records and several other services.

The Senior Citizens Housing Program is intended to provide quality apartment style housing for low to moderate income individuals. The program provides 120 self-contained units for seniors on a rent-to-income scale. Housing staff also provides consultative services to the Family Housing Board of Eastern Kings for its 36 family housing units.

***2001-02 New Initiatives***

- Renovations to the basement at Colville Manor to allow for better storage
- Souris Hospital cost-shared implementation of new liquid oxygen system with Kings County Memorial Hospital resulting in significant savings

***2001-02 Highlights***

- 32 Seniors benefited from the "Helping Hands for Seniors Program"
- 218,422 pounds of laundry processed

- Approximately 135,000 meals served

- Staff training provided in areas of First Aid, CPR and Fire Evacuation

***2001-02 Highlights (cont'd.)***

- Regional Staff Wellness Committee held quarterly activities including the 2nd Annual Wellness Whole Life Expo, Poker Walk, Walk Into Spring and a Winter Carnival

***2002-03 Preview***

- Increase in the number of seniors housing units in the greater Souris area
- Installation of a new heating system in the Souris Hospital
- Implementation of the Island Waste Watch Management Program

| SENIORS HOUSING | | | |
|---|---|---|---|
| **Activity** | **2000-01** | **2001-02** | **% Change** |
| Total # Units | 120 | 120 | --- |
| Total # Buildings | 15 | 15 | --- |
| New Applicants | 25 | 30 | 20 |
| # Placements | 20 | 16 | -20 |
| # of Re-assessments | 8 | 15 | 88 |

***Proposed new building for Mental Health and Addiction Services, Dental Suite and some Senior Citizen units, to be located on the property at Souris Hospital***

## SOURIS HOSPITAL

***Profile***

The Souris Hospital offers 24 hour emergency and inpatient care to the residents and visitors of Eastern Kings. Located within the Hospital is PEI's first Primary Health Centre. The inclusion of both allows for a broad range of services to be offered to the people living and working in our communities.

The integrated regional primary health team provide services in the 17 bed (+1 observation bed) inpatient area on the upper level and in the Health Centre on the lower level of the building. The team includes physicians, nurses, pharmacy, physiotherapy, nutrition counselling, diagnostic services and health management. Visiting specialists regularly hold outpatient clinics in Audiology, Chiropractics, Geriatrics, Optometry and Podiatry. The team accesses specialist care from throughout the Maritimes as needed.

***2001-02 New Initiatives***

- Provincial Radiology Information System implemented to improve the recording, transmission and access of radiology information province-wide
- Comprehensive Back Care and Transfer Training provided to all Nursing personnel in the region
- On-site Laboratory Chemistry testing instituted to improve diagnostic capabilities

***2001-02 Highlights***

- New Philips X-ray Machine purchased through the generous funding of the Eastern Kings Health Foundation
- Patient lounge refurbished to increase comfort and serviceability of the room for use of patients, families and visitors

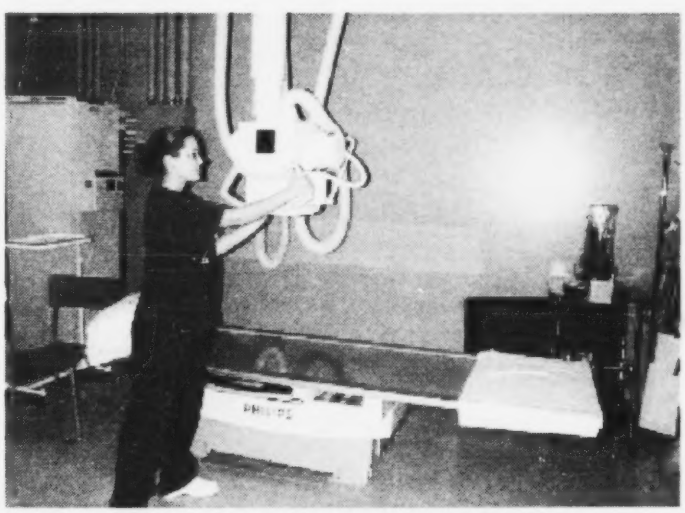
- Creation of a dedicated Palliative Care Room which will provide the environment to offer improved care and support to patients and their families
- Pharmacy Services now include a more comprehensive drug order review and maintenance of a patient medication profile

***2003-03 Preview***

- Implementation of Picture Archival and Communication Systems (PACS) which will mean that x-ray images will be captured digitally instead of on radiography film. Once images are captured digitally, they can be transmitted via an electronic format to Radiologist and be maintained and accessed from a database
- Renovations will be undertaken to the Pharmacy and Nursing Station area to improve space allocation for staff and to ensure we meet new standards of medication storage and access
- Nursing department will implement Patient Focused Charting to improve quality, sharing and consistency of patient care documentation

| **SOURIS HOSPITAL - Utilization (based on 17 beds)** | | |
|---|---|---|
| **Activity** | **2000-01** | **2001-02** |
| In-patient Admissions | 642 | 580 |
| Out-patient Admissions | 6,304 | 5,433 |
| Deaths | 21 | 33 |
| Lab/X-ray/ECG Exams | 25,909 | *20,556 |
| Physiotherapy Visits | 1,041 | 1,838 |
| PATIENT DAYS | 5,564 | 5,049 |
| **Hospital Utilization Rate** | **89%** | **81%** |

*** Decrease is due to different calculation methods used for number of exams performed.**



***Shelly Garrett, Combined Technician, with the new Bucky Diagnost TH X-Ray Machine***

# THE EASTERN KINGS HEALTH REGION

## FINANCIAL STATEMENTS

## FOR THE YEAR ENDED

## MARCH 31, 2002

CONTENTS


| | PAGE |
|---|---|
| Auditors' Report | 1 |
| Balance Sheet | 2 |
| Statement of Revenue and Expenditures | 3 |
| Statement of Income and Appropriated Equity | 4 |
| Schedule of Expenditures - Schedule 1 | 5 |
| Schedule of Expenditures - Schedule 2 | 6 |
| Notes to Financial Statements | 7, 8, 9 |

MacPHEE & MacAULAY
CHARTERED ACCOUNTANTS

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# AUDITORS' REPORT

## TO THE MEMBERS OF THE EASTERN KINGS HEALTH REGION

We have audited the balance sheet of the Eastern Kings Health Region as at March 31, 2002 and the statements of revenue and expenditure and income and appropriated equity for the year then ended. These financial statements are the responsibility of the Eastern Kings Health Region's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In our opinion these financial statements present fairly, in all material respects, the financial position of the Eastern Kings Health Region as at March 31, 2002 and the results of its operations and its changes in its equity for the year then ended in accordance with Public Sector Accounting Principles.

CHARTERED ACCOUNTANTS

June 6, 2002
Montague, P.E.I.

# THE EASTERN KINGS HEALTH REGION

## BALANCE SHEET

### AS AT MARCH 31, 2002

| | 2002<br>$ | 2001<br>$ |
|---|---|---|
| **ASSETS** | | |
| **CURRENT ASSETS** | | |
| Cash | 75,246 | 675,873 |
| Short-term investments | 1,017,497 | 177,265 |
| Accounts receivable | 648,658 | 550,652 |
| Due from Eastern Kings Health Foundation Inc. | 8,210 | 75,776 |
| Due from Department of Health and Social Services | - | 350,255 |
| Prepaid expenses | 98,214 | 80,219 |
| | 1,755,115 | 1,910,040 |
| ASSETS HELD IN TRUST (note 1) | 10,278 | 10,266 |
| CAPITAL ASSETS (note 1) | 80,000 | 85,000 |
| | 1,845,393 | 2,005,306 |
| **LIABILITIES** | | |
| **CURRENT LIABILITIES** | | |
| Bank advances | 10,000 | - |
| Accounts payable and accrued liabilities | 736,915 | 811,759 |
| Accrued vacation pay and sitting allowance (note 1) | 850,081 | 760,812 |
| Due to Department of Health and Social Services | 108,000 | - |
| Reserve for future expenditures (note 5) | 36,123 | 36,123 |
| | 1,755,115 | 1,910,040 |
| ASSETS HELD IN TRUST (note 1) | 10,278 | 10,266 |
| | 1,745,393 | 1,902,333 |
| **EQUITY** | | |
| CAPITAL EQUITY | | |
| Invested Fund (note 1) | 80,000 | 85,000 |
| | 1,825,393 | 1,987,333 |

SIGNED ON BEHALF OF THE BOARD

_____ DIRECTOR

_____ DIRECTOR

THE SANTIBAÑEZ RANCH BEAR TRUST

STATEMENT OF REVENUE AND EXPENDITURE

FOR THE YEAR ENDED MARCH 31, 2025

| | 2025<br>$ | 2024<br>$ |
|---|---|---|
| **REVENUE** | | |
| Government of Nordic and Inner Harbor | 1,284,000 | 1,247,500 |
| Government of Nordic and Inner Harbor — Salmon Refuge Community Means Grant | 412,500 | 412,500 |
| | 1,696,500 | 1,660,000 |
| **GENERAL SERVICES — NET REVENUE** | | |
| Miscellaneous | 8,420 | 9,150 |
| Wharfage Compensation Board | 6,210 | 6,210 |
| Parking | 1,860 | 1,740 |
| Other | 2,640 | 2,480 |
| | 19,130 | 19,580 |
| **GENERAL SERVICES — EXPENDITURE** | | |
| Miscellaneous | 9,600 | 8,760 |
| Wharfage Compensation Board | 7,200 | 6,840 |
| Parking | 4,080 | 3,960 |
| Other | 3,360 | 3,120 |
| | 24,240 | 22,680 |
| **OTHER INCOME** | | |
| Recoveries — | | |
| Salaries | 75,000 | 75,000 |
| Heavy | 8,400 | 8,400 |
| Materials discharged — long-stay | 6,200 | 6,200 |
| Differences income not preferred accommodation | 2,760 | 2,760 |
| Other | 6,240 | 6,240 |
| Contributions for equipment purchases | 1,200 | 6,000 |
| Rental | 1,860 | 1,860 |
| Investment income | 6,000 | 7,200 |
| | 107,660 | 114,660 |
| **TOTAL REVENUE** | 1,820,530 | 1,816,740 |
| **EXPENDITURE** | | |
| Bears Hospital operation 1 | 1,380,120 | 1,377,480 |
| Public Health operation 1 | 420,000 | 421,800 |
| Addiction Services operation 1 | 75,000 | 66,240 |
| Child and Family Services operation 1 | 1,620,780 | 1,585,200 |
| Home Care and Support operation 1 | 771,000 | 720,600 |
| Housing operation 1 | 300,000 | 288,720 |
| Lakeside Manor operation 2 | 1,747,200 | 1,680,720 |
| Mental Health Programs operation 2 | 324,000 | 312,000 |
| Regional Services operation 2 | 276,000 | 264,240 |
| Community Health Fund operation 2 | 240,000 | 216,000 |
| Insurance etc | 36,000 | 36,720 |
| Grants — non-government organizations | 72,000 | 84,000 |
| **TOTAL EXPENDITURE** | 7,462,100 | 7,253,720 |
| **DEFICIT REVENUE FOR THE YEAR** | (5,641,570) | (5,436,980) |

# THE EASTERN KINGS HEALTH REGION

## STATEMENT OF INCOME AND APPROPRIATED EQUITY

## FOR THE YEAR ENDED MARCH 31, 2002

| | 2002<br>$ | 2001<br>$ |
|---|---|---|
| RESTRICTED FUND (note 1) | | |
| INCOME | | |
| [illegible] | 10,299 | 5,329 |
| Interest | 1,179 | 1,420 |
| Rent | 150 | 440 |
| | 11,617 | 7,193 |
| EXPENSES | | |
| Contribution to Eastern Kings Health Foundation Inc. (note 3) | - | 157,581 |
| [illegible] activities | 1,073 | 1,945 |
| | 1,073 | 159,526 |
| EXCESS INCOME (EXPENSES) FOR THE YEAR | 10,544 | (152,333) |
| BALANCE - BEGINNING OF YEAR | 55,155 | 207,488 |
| BALANCE - END OF YEAR | 65,699 | 55,155 |

SCHEDULE 1

# THE EASTERN KINGS HEALTH REGION
## SCHEDULE OF EXPENDITURES
## FOR THE YEAR ENDED MARCH 31, 2002

| | 2002<br>$ | 2001<br>$ |
|---|---|---|
| SOURIS HOSPITAL | | |
| Administration | 75,700 | 71,951 |
| Materials, supplies and services | 575,975 | 585,423 |
| Salaries | 2,668,386 | 2,477,456 |
| Travel and training | 3,058 | 22,162 |
| Professional and contract services | 24,758 | 19,402 |
| Equipment | 32,258 | 97,474 |
| | 3,380,135 | 3,273,868 |
| PUBLIC HEALTH | | |
| Administration | 4,768 | 4,271 |
| Materials, supplies and services | 1,049 | 1,405 |
| Salaries | 246,565 | 238,792 |
| Travel and training | 8,361 | 8,985 |
| Professional and contract services | 143 | 76 |
| Equipment | - | 135 |
| | 260,886 | 253,664 |
| ADDICTION SERVICES | | |
| Administration | 14,256 | 13,492 |
| Materials, supplies and services | 24,280 | 16,152 |
| Salaries | 687,202 | 699,103 |
| Travel and training | 13,254 | 5,444 |
| Professional and contract services | 13,920 | 10,387 |
| | 752,912 | 744,578 |
| CHILD AND FAMILY SERVICES | | |
| Administration | 8,535 | 8,989 |
| Materials, supplies and services | 150 | 612 |
| Salaries | 826,175 | 782,451 |
| Travel and training | 43,586 | 52,285 |
| Financial assistance - social services | 1,285,343 | 1,220,689 |
| | 2,163,789 | 2,065,026 |
| HOME CARE AND SUPPORT | | |
| Administration | 6,962 | 4,817 |
| Materials, supplies and services | 4,930 | 3,325 |
| Salaries | 713,661 | 717,099 |
| Travel and training | 43,497 | 42,807 |
| Professional and contract services | 1,150 | 1,017 |
| Equipment | 1,009 | - |
| | 771,209 | 769,065 |

SCHEDULE 2

## THE EASTERN KINGS HEALTH REGION
## SCHEDULE OF EXPENDITURES
## FOR THE YEAR ENDED MARCH 31, 2002

| | 2002<br>$ | 2001<br>$ |
|---|---|---|
| HOUSING | | |
| Administration | 37,578 | 34,187 |
| Materials, supplies and services | 245,764 | 325,433 |
| Salaries | 56,142 | 56,364 |
| Travel and training | 4,271 | 4,513 |
| Professional and contract services | 37,327 | 54,531 |
| Equipment | 2,318 | 8,361 |
| Grants - home repair assistance | - | 3,369 |
| | 383,400 | 486,758 |
| COLVILLE MANOR | | |
| Administration | 22,718 | 22,246 |
| Materials, supplies and services | 261,383 | 260,419 |
| Salaries | 2,432,098 | 2,279,977 |
| Travel and training | 15,067 | 10,960 |
| Professional and contract services | 17,943 | 19,325 |
| Equipment | 8,503 | 7,814 |
| | 2,757,712 | 2,600,741 |
| JOB CREATION PROGRAM | | |
| Administration | 10,651 | 10,172 |
| Materials, supplies and services | 409 | 58 |
| Salaries | 80,246 | 80,242 |
| Travel and training | 2,333 | 1,852 |
| Grants - wage assistance | 140,800 | 121,731 |
| | 234,439 | 214,055 |
| REGIONAL SERVICES | | |
| Salaries | 648,889 | 512,913 |
| Travel and training | 29,061 | 21,862 |
| Professional and contract services | 72,393 | 115,844 |
| Equipment | 9,540 | 34,624 |
| | 759,883 | 685,243 |
| COMMUNITY HEALTH CENTRE | | |
| Administration | 12,794 | 23,306 |
| Materials, supplies and services | 11,143 | 8,321 |
| Salaries | 840,568 | 493,534 |
| Travel and training | 10,734 | 34,971 |
| Professional and contract services | - | 122,862 |
| Equipment | 4,584 | 53,676 |
| | 879,823 | 736,670 |

THE EASTERN KINGS HEALTH REGION

NOTES TO FINANCIAL STATEMENTS

FOR THE YEAR ENDED MARCH 31, 2002

## 1. A. NATURE OF OPERATIONS

The Eastern Kings Health Region is a non profit organization incorporated under the Health and Community Services Act and is responsible for the management of the following regional programs and services:

Souris Hospital
Colville Manor
Child and Family Services
Addiction Services
Home Care and Support
Housing
Job Creation Program
Public Health
Community Health Centre

The Eastern Kings Health Region acts as an agent for the Province of Prince Edward Island for the collection of revenue through several of its institutions and programs. These revenues are not reflected in these financial statements.

## B. RESTRICTED FUND

Specific funds have been formed for the purpose of benefiting the residents of several institutions within the region. These funds are subject to certain restrictions.

The following funds are included in the Restricted Fund on the financial statements:

Colville Manor Equipment Fund
Addiction Services Equipment Fund

## C. FINANCIAL SUPPORT OVERPAYMENTS

Financial support overpayments are recorded as receivable when identified with a full provision as a doubtful account. Recoveries of financial support overpayments are recorded as a reduction to financial support expenditures when received.

## D. RETIRING ALLOWANCES AND VACATION PAY

Accruals are made for retirement allowances owed to employees as at March 31, 2002. As the liability will be offset by funding provided by the Department of Health and Social Services an account receivable has been recognized for the same amount. Vacation pay is recorded as a liability when earned.

THE EASTERN KINGS HEALTH REGION

NOTES TO FINANCIAL STATEMENTS

FOR THE YEAR ENDED MARCH 31, 2002

E. ACQUIRED PHYSICAL ASSETS

Fixed assets and inventory of supplies and equipment are recorded as expenditures in the year incurred. Had the physical assets of the Souris Hospital been capitalized and recognized as expenditures over their period of economic benefit, the Eastern Kings Health Region would have the following assets recorded:

**SOURIS HOSPITAL**

| | | 2002 | | | 2001 |
|---|---|---|---|---|---|
| | Rate of Depreciation | Cost | Accumulated Depreciation | Net | Net |
| | | $ | $ | $ | $ |
| Land | | 56,250 | - | 56,250 | 56,250 |
| Building | 2.5% S/L | 7,851,568 | 2,420,602 | 5,430,966 | 5,627,255 |
| Equipment | 6.25% S/L | 1,219,879 | 760,736 | 459,143 | 528,078 |
| | | 9,127,697 | 3,181,338 | 5,946,359 | 6,211,583 |

The ownership of the assets of the Souris Hospital remain that of the Eastern Kings Health Region.

Inventory at March 31, 2002, valued at the lower of cost and net realizable value, which has not been recorded as an asset totalled $140,368 (2001 - $142,529).

F. ASSETS HELD IN TRUST

Colville Manor provides safekeeping for residents' monies. These funds are held in bank accounts and Province of Prince Edward Island deposit receipts.

THE EASTERN KINGS HEALTH REGION

NOTES TO FINANCIAL STATEMENTS

FOR THE YEAR ENDED MARCH 31, 2002

2. PENSIONS

Employees within the Eastern Kings Health Region belong to one of two pension plans.

Regional employees from the former hospital system belong to a uniform pension plan for employees of all Prince Edward Island Hospitals. According to the most recent actuarial report dated January 1, 2000, the contributions under the pension plan have been sufficient to meet the requirements of the plan and a pension fund surplus existed at that date.

Regional employees from the provincial government system belong to a pension plan for all permanent full time employees of the Province of Prince Edward Island. According to the most recent actuarial report dated April 1, 1999, contributions under the pension plan have not been sufficient to meet the requirements of the plan and an unfunded liability of $39,551,000 existed at that date.

3. EASTERN KINGS HEALTH FOUNDATION INC.

The Eastern Kings Health Region (The Region) has an economic beneficial interest in Eastern Kings Health Foundation Inc. The primary purpose of the Foundation is to raise funds for the benefit of the Community of Eastern Kings. As the Region does not exercise control or significant influence over the Foundation, its activities have not been consolidated within these financial statements except to the extent of actual contributions received during the year.

4. RESERVE FOR FUTURE EXPENDITURES

The reserve consists of funds set in reserve for future expenditures and consists of the following:

| | $ |
|---|---|
| Diabetes Primary Project | 19,489 |
| Miscellaneous Equipment | 1,880 |
| Health Community in Action | 4,956 |
| | 26,325 |

5. SUBSEQUENT EVENT

Subsequent to the year end, the Province of Prince Edward Island has indicated its intentions to merge the Eastern Kings Health Region with the Southern Kings Health Region into one entity to be called the Kings Health Region. Details of the merger have to be finalized.